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## **Staff Outing Report**

MVJ College of Engineering organised a one-day staff outing on 14th December 2025 to Three Quarter Mango – Mango Mist Resort, with the event coordinated by Dr. M. Brindha and co-coordinated by Dr. I. Hameem Shanavas and Dr. Shima Ramesh Maniyath. A total of 107 adults and 7 children participated in the trip. The staff assembled at the college by 7:00 AM, and three buses departed sharply at 8:00 AM towards the venue.



Figure 1: Staff assembled at MVJ College of Engineering before departing to Mango Mist for the one-day outing

### **Objectives of the Event**

The objective of this report is to document the one-day staff outing organised by MVJ College of Engineering on 14th December 2025 to Mango Mist (Three Quarter Mango). It aims to present a detailed account of the planning, coordination, activities, participation, and overall experience of the event. The report highlights the purpose of the trip, the schedule followed, the engagement of staff members in various fun and adventure activities, and the effectiveness of the outing in promoting team bonding, relaxation, and staff well-being. It also serves as an official record for future reference and for planning similar staff welfare initiatives.

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## Event Overview

The group reached the resort at around 9:45 AM, after which the check-in formalities were completed. A refreshing welcome drink was served as everyone gathered for the group photo and registration. Breakfast was arranged from 9:30 AM to 10:30 AM, following which all staff members assembled at the reception area to collect their adventure game coupons (12 coupons per adult, 6 for juniors aged 5–11, and none required for kids below five). From 10:30 AM to 12:15 PM, a series of fun-filled group activities and team-building games were conducted, creating an energetic and cheerful atmosphere. After the fun games, participants enthusiastically explored the various adventure activities offered at the resort, such as rope courses, zip-lining, archery, and other recreational facilities, including cricket, football, badminton, table tennis, and chess. The buffet lunch began at 1:00 PM and continued till 3:00 PM, giving everyone ample time to relax and enjoy a wide variety of dishes. After lunch, staff members continued engaging in different amenities, including swimming, with pool access available until 5:00 PM. The lively Mist Dance session from 4:00 PM to 4:45 PM added excitement to the afternoon, followed by high tea between 4:30 PM and 5:30 PM. The outing concluded with a formal check-out at 5:45 PM, and the team departed back to the campus, reaching by 8:30 PM, bringing the memorable and enjoyable one-day trip to a pleasant close.



Figure 2: MVJCE Staff Group at Mango Mist celebrating team spirit and togetherness

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## Outcomes and Impact

The one-day staff outing to Three Quarter Mango (Mango Mist) on 14th December 2025 proved to be highly successful in terms of participation, engagement, and overall experience. The event fostered a positive environment where staff members could unwind, bond, and interact outside the formal academic setting. With 114 participants, including staff and their families, the outing strengthened interpersonal relationships and enhanced team cohesion across departments. The fun games, adventure activities, and group interactions encouraged collaboration, improved communication, and helped build a sense of unity among colleagues. The structured itinerary ensured that everyone could comfortably participate in activities of their choice, contributing to high satisfaction levels among the participants. The outing also served as an effective stress-relief initiative, offering staff members a refreshing break from their routine responsibilities and academic workload. The engaging sessions - ranging from team games to adventure sports, and the energetic mist dance - positively impacted morale and rejuvenated the participants physically and mentally. The event further highlighted the college's commitment to employee well-being and staff welfare, demonstrating the administration's effort to create a supportive and motivating work environment. Overall, the trip had a significant positive impact on staff motivation, team bonding, and workplace harmony, making it a valuable initiative that contributed to enhanced staff satisfaction and a strengthened sense of community within MVJ College of Engineering.

## Conclusions

The one-day staff outing to Three Quarter Mango (Mango Mist) on 14th December 2025 was a memorable and enriching experience for all participants. The well-planned schedule, coordinated efficiently by the organising team, ensured smooth execution of every activity from travel and welcome arrangements to fun games, adventure activities, and leisure sessions. The enthusiastic participation of staff members demonstrated the significance of such initiatives in fostering camaraderie, boosting morale, and strengthening the sense of belonging within the institution. The outing provided a refreshing break from routine work, allowing everyone to re-



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lax, interact informally, and build stronger interpersonal connections. Overall, the event successfully fulfilled its purpose of promoting staff welfare and team bonding, making it a highly impactful and enjoyable experience. It stands as a testament to MVJ College of Engineering's commitment to creating a positive and supportive work environment.

**Report by:** Dr Shima Ramesh Maniyath

Affiliation: HOD, Department of Electronics and Communication Engineering,

MVJ College of Engineering